

work. learn. play.

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holidays & observances

Sept 30 - National Day for Truth & Reconciliation

Oct 10 - National Hug-a-Kevin Day

Oct 12 - Thanksgiving

Oct 19 - *National Clean Out Your Virtual Desktop Day*

Oct 22 - CAPS LOCK DAY

Oct 29 - *Internet Day*

Nov 1 - Movember Begins

Nov 11 - Remembrance Day

Nov 13 - *World Kindness Day*



Did you know???

**IT'S
NATIONAL
HUG A
KEVIN
DAY!**

National Hug a Kevin Day can be connected to a little-known show in the United States. "Kevin (Probably) Saves the World" ran in the U.S. for one season and the titular character Kevin Finn, played by Jason Ritter, broke the Guinness World Record for the most hugs in a minute by one individual. The showrunners, ABC, then declared October 10 as National Hug a Kevin Day to drum up publicity for the show. Spend the day hugging those named Kevin in your life!

Fall Into What's Next

Hello, fall! 🍂

The leaves are changing, the calendars are filling up, and there's lots happening around the city.

In this edition of **work.learn.play.**, we've rounded up some great opportunities to learn, connect, network and have a little fun along the way.

Check out what's worth having on your radar this fall!

Tara & Kevin



Fall Markets

Alta Vista Market - Sept 26/Oct 3/Oct 10, St. Thomas the Apostle Church, 2345 Alta Vista Drive
Metcalfe Farmers' Market - Sept 26/Oct 10/Oct 17, Metcalfe Fairgrounds
Wakefield Farmers' Market - Sept 26/Oct 3/10/17, 38 Chemin de la Vallée de Wakefield
Nepean Night Market - Sept 27/Oct 4/11/18, 1442 Baseline Road (Mr. Lube + Tires)
The Original Navan Market - Sept 28/Oct 18/Nov 8, 1279 Colonial Road, Navan
Parkdale Night Market - Sept 30/Oct 7, 366 Parkdale Avenue
613flea - Oct 3/17 & Nov 7/21, Aberdeen Pavillion
Heart of Orleans Market - Oct 4/Nov 1, Orleans Town Centre
Ottawa Flower Market - Oct 10, Parkdale Public Market
Gloucester Night Market - Oct 16, Earl Armstrong Arena
Barrhaven Farmers' Market - every Sunday to Oct 25, Nepean Woods Park & Ride
Carp Farmers' Market - every Saturday to Oct 31, Carp Fairgrounds
Cumberland Farmers Market - every Saturday to Oct 31, 9am to 1pm, 1115 Dunning Road
Lansdowne Farmers' Market - every Sunday to Nov 29, Aberdeen Square
Main Street Farmers' Market - every Saturday to Oct 31, Grand Allée Park
Orleans Farmers' Market - every Thursday in October, Ray Friel Recreation Complex
Westboro Farmers' Market - every Saturday to Oct 31, Byron Linear Park

Fright Fest

Pumpkin Fest - weekends to Oct 31, Proulx Maple & Berry Farm
sKreamers - weekends from Sept 26 to Oct 31, Proulx Maple & Berry Farm
Stittsville Haunted Heritage Tours - weekends from Sept 26 to Nov 7, Stittsville Barber Shop
FrightFest - weekend evenings (6-11pm) from Sept 26 to Oct 17, and every night during "Halloweek" (21-31st Oct), Saunders Farm
PumpkinFest - weekends Sept 26 to Nov 1, Saunders Farm
Cirque a la Carte-Circus of Shadows - Oct 2-3, Lab0 Theatre
Acres of Terror - Fridays & Saturdays Oct 2 to Oct 31, Cannamore Orchard
Pumpkinferno - select nights Oct 2-31, Upper Canada Village
Bonfire: Improvised Tales of Terror - Saturdays Oct 3 to Nov 21, Arts Court
Spooky Symphony - Oct 18, National Arts Centre
Watson's Mill Haunt Nights - Oct 22-24, Watson's Mill in Manotick
Witches Walk - Oct 24, Billings Estate
BougeBouge Gatineau - Oct 24, Polyvalente de l'Érablière, 500 rue de Cannes
Stittsville Oktoboofest - Oct 24, Johnny Leroux Stittsville Community Arena
Halloween Costume Party on the Farm - Oct 29 to Nov 1, The Log Farm, 670 Cedarview Road
Trick'n Treat Halloween Costume Party - Oct 30, Collab Space, 70 Bonguard Avenue

Festival Fever

Ontario Culture Days Festival - to Oct 4, various locations
Ottawa Architecture Week: Festival of Design & Imagination - to Oct 9, various locations
Vegans Who Snack Food & Art Festival - Sept 25 & Oct 24, Parkdale Public Market
Carrot Fest - Sept 26 & Oct 3, 10am to 2pm, 2811 Ramsayville Rd
Fall Farm Fest - Sept 27, 11am to 3pm, 2391 Pépin Court
Ottawa South Community Association Fall Fest - Oct 3, Windsor Park
Stittsville Gobblefest - Oct 10, 10am to 2pm, Johnny Leroux Stittsville Community Arena
Forest and Flow Yoga Festival - Oct 17, YMCA Outdoor Centre, 1620 Sixth Line Road
Ottawa International Writers Festival - Oct 22 to 25, Library & Archives Canada
Day of the Dead Festival - Oct 30 to Nov 2, 55 Byward Market Square
Ottawa Children's Festival - Nov 12-15, 1 Vimy Place

Fall Colours Chairlift Experience - weekends to Oct 11th & 9am to 3pm Thanksgiving Monday

Carp Fair - Sept 24 to 27, Carp Fairgrounds

Metcalfe Fair - Oct 1 to 4, Metcalfe Fairgrounds

Ottawa Fall Home Show - Oct 1 to 4, Cohere Centre

Carp Village Harvest Supper - Oct 3, KIN Vineyards (*almost sold out!*)

Annual Biology Butterfly Show - Oct 3 & 4; 10 & 11, Nesbit Biology Building, Carleton University

Capital Wedding Show - Oct 4, Ottawa Conference & Event Centre

Bike Day on the Hill - Oct 6, Parliament Hill

Colours & Cocktails - Oct 9; Nov 8, Bee You Creative Styles, 323 Somerset E.

Maple Leaf March - Oct 9-11, Montgomery Legion, 300 Kent Street

White Lotus Cocktail Class - Oct 16; Nov 28/Dec 12, SFR Distillery

National Women's Show - Oct 17, Cohere Centre

Whiskey Global - Oct 17, Rogers Centre Ottawa

Ottawa Ski. Snowboard & Travel Show - Oct 17 to 18, Cohere Centre

The Ottawa Chocolate Show - Oct 24, Algonquin College

Capital Comic Book Convention - Oct 25, RA Centre

Ottawa Pet Expo - Oct 24 to 25th, Cohere Centre

play



Celebrate October!



Oktoberfest at the Tavern - Sept 26 @ Tavern on the Falls; Oct 3 @ Tavern on the Hill

Ottoberfest - Sept 26, Horticulture Building, Lansdowne Park

Dominion City Oktoberfest - Oct 2 to 4, Bar Lakeside, 1001 Queen Elizabeth Driveway

Beyond the Pale Oktoberfest - Oct 3, Beyond the Pale Brewing Company

Sparktoberfest - Oct 3, Spark Beer, 702 Somerset Street West

Cirque de Soleil: LUZIA - to Oct 18, Under the Big top, St. Laurent Shopping Centre

Magic at the Manor - Sept 23 & Nov 4, Manor Lounge, 292-A Elgin Street

Dief the Chief: October '62 - Sept 23, 25 & Oct 9, Diefenbunker Museum, Carp

Capital Pop-Up Cinema - Sept 25 (featuring *Canadian Bacon*, Sparks Street) & Oct 3 (featuring *The Mummy's Tomb*, Beechwood Cemetery)

Tracy and Martina: Live - Oct 2, Algonquin Commons Theatre

Capital Music Week - Oct 2 to 10, various locations

The Festival of Small Halls - Oct 2 to Dec 5, various locations

HOPE RockFest - Oct 3, The Lone Star Loft

Panda Game - Oct 4, TD Place at Lansdowne

Metric with Broken Social Scene & Stars - Oct 5, Arena at TD Place

Josh Thomas: jiggle, jiggle - Oct 8, Algonquin Commons Theatre

Anne Wilson: The Voice of Heart & Tripsitter - Oct 10, Hard Rock Ottawa

Gatineau Hills Fiddle Festival - Oct 22 to 25, La Fab sur Mill, Chelsea

The Black Keys - Peaches 'n Cream Tour - Oct 17, Canadian Tire Centre

Jimmy Carr: Laughs Funny Tour - Oct 22, Arena at TD Place

Ottawa Canadian Film Festival - Nov 6 to 8, ByTowne Cinema

European Union Film Festival - Nov 13 to 26, Ottawa Art Gallery

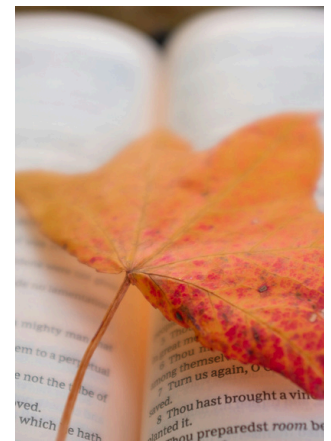
watch

&

listen

- **Bilingual Hiring from Abroad**, Sept 25, online. Register [here](#).
- **AI Governance for Decision-Makers: Balancing Innovation & Risk**, Sept 28, online. Register [here](#).
- **Terminations Done Right: A Practical Guide Under Ontario Law**, Sept 29 (virtual). Register [here](#).
- **HR's New Era: What's Changing for HR Careers and Skills**, Oct 5 (virtual). Register [here](#).
- **2026 HRP Summit - Human Advantage: Where People Power Progress**, Oct 19, Infinity Convention Centre. Register [here](#).
- **HR's New Legal Reality: AI Tools, Psychological Safety and Performance Management**, Oct 21 (virtual or attend in-person in Kingston). Register [here](#).
- **Great Boss Workshop**, Nov 13, Brookstreet Hotel. Register [here](#).
- **An HR Professional's Guide to Addressing Organizational Risk factors for Burnout | Humans of HRP**, Nov 26, Marshes Golf Club (also virtual). Register [here](#).

learn



 mix and mingle 

Tiree + Canderel Challenge Trivia Night 2026, Oct 1, Horticulture Building @ Lansdowne Park. Register [here](#).
Dare to Be Vulnerable: Phoenix Rising - A Mental Health Day, Oct 5, Brookstreet Hotel. Register [here](#).
DisruptHR Ottawa + Best Places to Work, Oct 6, Algonquin Commons Theatre. Register [here](#).
InformedHR, Oct 29, Bayview Yards. Register [here](#).
Ottawa Cancer Foundation's Aurora Ball, Nov 21, Westin Ottawa. Register [here](#).
Social HR Camp, Nov 26, Bayview Yards. Register [here](#).
Habitat for Humanity Steel Toes & Stilettos Annual Gala, Nov 14, Infinity Convention Centre. Register [here](#).
Best Ottawa Business Awards, Nov 26, Westin Ottawa. Register [here](#).

*Our people & workplace services include employee transition/outplacement support, leadership coaching, assessments & workshops, workplace investigations & restoration, and general HR consulting. We also invite you to join **HRclariti** - a community created for HR professionals in the Ottawa region to connect & support each other in building workplaces that are more human, inclusive and effective.*

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