

work. learn.
play.



Important Dates

Sept 30: Rosh Hashanah

Oct 9: Yom Kippur

Oct 14: Thanksgiving

Oct 27: Diwali

Oct 31: Halloween

Nov 3: Daylight Savings Time ends

Nov 11: Remembrance Day

We know the summer season was short but don't despair! Fall may bring a chill to the air but it also brings the beauty of turning leaves, the coziness of sweaters, heartier foods, and turkey, of course!

Autumn is also a great time to re-start your learning and development. Consider joining us at one of our fall [public workshops](#) – the first one, on September 19th, explores [Conscious Leadership](#). October's theme is *Cultivating Emotional Savvy* and we bring you *Leading Outside Your Area of Expertise* in November. Also, Clariti is once again a proud sponsor of [DisruptHR Ottawa](#) this year, also happening September 19th. Hope you'll join us there!

We hope this guide helps you fully embrace the season ahead!

Tara & Kevin
Founding Partners, Clariti Group



play

Orleans Rib Fest – Sept 13th to 15th, Centrum Plaza.
orleansribfest.ca

Nature Sleepover for Adults – Sept 14th, Canadian Museum of Nature. nature.ca/en/plan-your-visit/groups/sleepovers/adults

Feast of Fields – Sept 17th, Ottawa City Hall.
carefor.ca/events/feast-of-fields-2019.htm

613Flea – Sept 21st & Nov 16th, Aberdeen Pavilion at Lansdowne. 613flea.ca

Tastes of Wellington West – Sept 21st, Wellington Street between Island Park Drive & Somerset West.
wellingtonwest.ca/taste2019

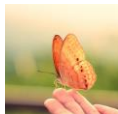
Fifty-Five Plus Lifestyle Show – Sept 20th & 21st, EY Centre. fifty-five-plus.com/show

Ottawa Chocolate Show – Sept 28th, allsaints Event Space. thechocolateshow.ca

Ottawa Fall Home Show – Sept 26th to 29th, EY Centre. ottawafallhomeshow.com

TEDXOttawa – Oct 10th, National Arts Centre.
tedxottawa.ca

Ottawa Butterfly Show – Oct 5th to 13th, Carleton University, Nesbitt Biology Building. carleton.ca/biology/annual-butterfly-show



Ottawa Fall National Women's Show – Oct 19th & 20th, EY Centre. nationalwomenshow.com

Ottawa Antique & Vintage Market – Oct 19th & 20th, Carleton University Fieldhouse.
ottawaantiqueandvintagemarket.ca

Pumpkinferno – Sept 27th to Oct 27th (Thurs through Sun), Upper Canada Village.
www.uppercanadavillage.com

Ottawa Wedding Show – Oct 26th & 27th, EY Centre. ottawaweddingshow.com

Ottawa Gatineau Tattoo Expo, Nov 1st to 3rd, Hilton Lac-Leamy. ottawatatooexpo.com

Signatures Show – Nov 14th to 17th, Shaw Centre.
signatures.ca/signatures-ottawa

Help Santa Toy Parade – Nov 16th, Laurier Avenue to Bank to Lansdowne. toyparade.ca

Ottawa Cannabis Expo – Nov 23rd & 24th Shaw Centre. cannabishempexpo.com/ottawa



Spencerville Fair – Sept 12th to 15th, 22 Ryan Street, Spencerville.
spencervillefair.ca

Middleville Fair – Sept 14th, 2130 Lanark Concession 6D. middlevillefair.ca

Richmond Fair – Sept 19th to 22nd, 5121 Perth Street, Richmond. richmondfair.ca

Carp Fair – Sept 26th to 29th, 3790 Carp Road, Carp.
carpfair.ca

McDonald's Corners Fair – Sept 28th, 194 Cameron Road, McDonald's Corners. mdcas.weebly.com/annual-fall-fair.html

Metcalfe Fair – Oct 3rd to 6th, 2821 8th Line Road, Metcalfe. metcalfefair.com

walk/run/bike

Ultra Night Run – Sept 14th, LeBreton Flats. 5K/10K.
ultranightrun.ca/ottawa-s16406

MEC Ottawa Trail Race THREE – Sept 15th, Mont Ste Marie. 1K/5K/15K. events.mec.ca/node/241976

Terry Fox Run Ottawa – Sept 15th, Anniversary Park – Carleton University. 1K/5K/10K. terryfox.org/run

Canada Army Run – Sept 22nd, Canadian War Museum. 5K/10K/Half-Marathon. armyrun.ca

Ottawa Hospital Rattle Me Bones Race – Sept 29th, Canadian Aviation & Space Museum. 1K/5K/10K. rattlemebones.ca

CIBC Run for the Cure Ottawa/Gatineau – Oct 6th, Tunney's Pasture. 1K/5K.
convio.cancer.ca/site/TR/RunfortheCure/RFTC_NW_even?pg=entry&fr_id=26266

9RunRun – Oct 19th, Village Square Park, Stittsville. 2K/10K/Half-Marathon. 9runrun.ca

The Canada Beer Run – Oct 20th, Ottawa West + Ottawa Downtown. 8K. canadabeerrun.ca

The Cookie Run – Nov 2nd, Lansdowne Park. 1K/5K
runottawa.ca/races-and-events/cookie-run

Santa Shuffle – Dec 7th, Lansdowne Park. 1K/5K
<https://www.santashuffle.ca/>

Find more events at runguides.com/ottawa



watch/listen

CityFolk – Sept 12th to 15th, Lansdowne Park

Buffy Sainte-Marie – Sept 15th, NAC

Dallas Smith & Dean Brody – Sept 22nd, CTC

Raffi – Sept 28th, NAC

The Chieftans & Friends – Oct 14th, NAC

Celine Dion – Oct 15th & 16th, CTC

Ghost – Oct 18th, CTC

The Dead South – Oct 29th, TD Place

Comedy Night in Canada – Nov 2nd, TD Place

Chance the Rapper – Nov 5th, CTC

Sinatra with Matt Dusk – Nov 16th, NAC

Rheostatics – Nov 22nd, NAC

City & Colour – Nov 25th, CTC

Blind Boys of Alabama – Nov 28th

Good Lovelies – Dec 19th

Jann Arden Christmas – Dec 21st & 22nd

TICKETS:

Canadian Tire Centre (CTC): capitaltickets.ca

National Arts Centre (NAC): nac-cna.ca/en/tickets

TD Place: tdplace.ca/tickets

Frequent a festival

Beau's Oktoberfest – Sept 20th & 21st, Vankleek Hill.
beausoktoberfest.ca

Canada's Coolest Curds – Ottawa's Artisan Cheese Festival – Sept 21st, Agriculture & Food Museum.
savvycheese.ca

Ottawa International Animation Festival – Sept 25th to 29th, various locations in Ottawa. animationfestival.ca

Whiskey Ottawa Festival – Oct 4th & 5th, Canadian War Museum. whiskeyottawa.ca

Mac My Cheese Festival – Oct 4th to 6th, Ottawa City Hall. macmycheesefest.ca

Ottawa Canadian Film Festival – Nov 1st & 2nd, Arts Court Theatre. ocanfilmfest.ca

Ottawa Wine & Food Festival – Nov 1st to 3rd, TD Place. ottawawineandfoodfestival.com

Tea & Chocolate Festival – Nov 2nd & 3rd, Nepean Sportsplex. teaandchocolatefestival.com

Ottawa Dog Festival – Nov 10th & 11th, RA Centre. 10times.com/ottawa-dog-festival



World Multicultural Festival – Nov 30th, Lansdowne Park. eventbrite.ca/e/world-multicultural-festival-tickets-64666151199



mix & mingle

HRPA Kick-Off – Sept 12th, Lago Bar & Grill. Register [here](#).

Business After 5: LYFT – Sept 17th, 2222 Carling Avenue. Register [here](#).

Local Breakfast Series – Sept 19th, Shenkman Arts Centre. Register [here](#).

CEO Talk: Bruce Linton – Oct 1st, Brookstreet Hotel. Register [here](#).

Business After 5: Ottawa Table Tennis Club - Oct 5th, 18 Louisa Street. Register [here](#).

Mayor's Breakfast: David Ross – Oct. 15th, City Hall Register [here](#).

eSax Fireside Chat – Oct 16th, Lansdowne Park. Register [here](#).

Mayor's Breakfast: Rt. Hon. David Johnston – Nov 12th, City Hall. Register [here](#).

Best Ottawa Business Awards – Nov 22nd, Westin Ottawa. Register [here](#).

Local Breakfast Series: Bank of Canada – Dec 5th, Shaw Centre. Register [here](#).

Mayor's Breakfast – Dec 12th, City Hall. Register [here](#).



learn

CLARITI GROUP

Conscious Leadership – Sept 19th, Impact Hub Ottawa (123 Slater). Register [here](#).

Cultivating Emotional Savvy – Oct 16th, Impact Hub Ottawa (123 Slater). Register [here](#).

Leading Outside Your Area of Expertise – Nov 19th, Impact Hub Ottawa (123 Slater). Register [here](#).

EMPLOYMENT LAW SEMINARS

The Path to Pay Equity: How to Prepare for the Bumps, Twists & Turns to Come (Emond Harnden) – Sept 17th, Ottawa Conference & Event Centre. Register [here](#).

HRPA OTTAWA

How AI Can Transform the Way You Recruit, Train & Retain Talent – Oct 16th, Ottawa Conference & Event Centre. Register [here](#).

Restoring the Workplace: After the Investigation – Oct 24th, Sala San Marco. Register [here](#).

Fatigue: One Big Risk Factor and What You Can Do About It – Nov 19th, Sala San Marco. Register [here](#).

OTTAWA BOARD OF TRADE

Talent Summit: Re-Thinking Talent in the Capital – Sept 23rd & 24th, Brookstreet Hotel. Register [here](#).

OTHER

CSAE Association Day: Explore the Opportunities – Sept 25th, RA Centre. Register [here](#).

Global Leadership Summit – Oct 17th & 18th, 1825 St-Joseph Blvd. Register [here](#).



Fall Reads

(click for summary)

[A Million Miles in a Thousand Years](#)

[Emotional Agility](#)

[Good People](#)

[Barking Up the Wrong Tree](#)

[L'art de la Simplicité: How to Live More with Less](#)

Engaging TED Talks



Bina Venkataraman:
[The power to think ahead in a reckless age](#)

Joseph Gordon-Levitt:
[How craving attention makes you less creative](#)

Pico Iyer:
[What ping-pong taught me about life](#)

Margaret Heffernan:
[The human skills we need in an unpredictable world](#)



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Clariti Group works with individuals and employers in the areas of career transition, leadership and team development, knowledge capture and transfer, and workplace investigations and restoration.

Our mission is simple - to help individuals and teams achieve:

clearly **great** careers.
clearly **great** workplaces.